

Cloverdale Multi-Ressources Family Centre

November 2018

 News

Newsletter



Le carrefour familial
Cloverdale Multi-Ressources
et Global Daana célèbrent le
26e anniversaire de CMR
en invitant **20 personnes** à des
activités de bien-être gratuites
en novembre.



Cloverdale Multi-Ressources
Family Centre
and Global Daana celebrate
CMR's 26th anniversary
by inviting **20 people**
to free wellness activities in November.

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Groove Dance
Mardis / Tuesdays
19h à 20h
7 to 8 pm



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Open Yoga
Jeudis / Thursdays
19h30 à 20h45
7:30 to 8:45 pm



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Classic Yoga
Vendredis / Fridays
12h à 13h
12 to 1 pm



Soyez une des premières 20 inscrites!
Appelez au 514-684-8228

Be one of the first 20 to register!
Call 514-684-8228

9542, boul. Gouin Ouest, Pierrefonds, Qc, H8Y 1R3

Exhibition on Children's Rights

As part of Toddler Week
and to mark World Children's Day, CMR
invites you to an exhibition on children's
rights on November 19 to 21 at CMR.



Cloverdale Multi-Ressources' Fathers at Heart program invites you to

Visit the Montreal
Museum of Fine Arts

and participate with your child

Saturday, November 17
10 am - 12 pm
For fathers and
their children
5 to 12 years old

In a creative
workshop about
tales, myths
and legends

Free

Register ASAP!
Places are limited
For more info call:
Bruno: 514-589-1270
Jean-Yves: 438-398-1649



An initiative of 1,2,3 Gof Families made possible due to the financial support of Avenir d'Enfants.



Toutes les activités
sont gratuites!
10 h à 16 h


Familles 1,2,3 GO! et
Agir ensemble pour les enfants de l'Ouest-de-l'Île
présentent


GRANDIR ENSEMBLE
Avec les familles des 0-5 ans de l'Ouest-de-l'Île

Le Salon du bébé et des Tout-petits
The Baby and Toddler Show

Conférences sur les soins post-nataux, les mangeurs difficiles, la parentalité positive, le multilinguisme, l'art et le rire.

Ateliers de yoga et de zumba pour les enfants.

Workshops on postnatal, picky eaters, self care through art and positive parenting, multilingualism.
Yoga and Zumba classes for kids.



Halte-garderie sur place * 26 exposants * Prix et cadeaux
Daycare available - 26 exhibitors - raffle and great prizes to be won

Pregnancy * Babies * Toddlers * Grossesse * Bébés * Jeunes enfants

24 novembre
Centre Marcel Morin
14068 Boul Gouin O,
Pierrefonds



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FB Carrefour familial Cloverdale Multi-Ressources

9542, Gouin blvd. West
Pierrefonds, Quebec
H8Y 1R3

Halloween Party

On October 26, we celebrated Halloween at the Toy Lending Playroom!



Young and old were disguised...



...and ready to decorate cookies.



To liven up the evening...



...a magician performed his tricks.

Director: Veronica Lopez
Computer graphics: info@condorartworks.com
Communications: Mananne Lochl

Our financial backers:

